

# Sermon Discussion (1/25/2026)

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The Five Treasures (2026) / Luke 4:18–19

Jesus is beginning His ministry. He starts by defining the five gifts that He wants to give to the world. They are the same five things that God has been trying to give to the world since Genesis 3. Jesus reads from the book of Isaiah and defines His mission.

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## Title: Healing Your Heart

The Main Question: What does Jesus want us to discover about healing?

### Points to Consider

1. Healing is a healthy relationship to ourselves, others, and God.
2. Healing is sending out brokenness.
3. Healing is what the devil is breaking down.

## Scripture References:

### **Luke 4:18–19 NIV**

<sup>18</sup> “The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, <sup>19</sup> to proclaim the year of the Lord’s favor.”

## Application Questions

- When you think of healing what comes to mind?
- Has God ever “healed” you?

## Experience Healing / Serve Others / Opportunities

The brokenness in our hearts begins to heal as we serve other people.

- **Read [Luke 4:18](#):**
  - The Greek word which is often translated “oppressed” is used to describe a “broken clay jar.” What are the implications of this insight?
  - Jesus advances this term when He substitutes “send out oppression” for “bind up the broken hearted.” He is no longer “binding it up” but “sending it out.” How is Jesus able to send out our brokenness?
  - Why is this part of the new covenant?
- **Read [Luke 8:43-48](#):**
  - In this passage Jesus explains the greatest commandment. This reverses the curse of [Genesis 3](#) where the relationships between: 1. God and Man, 2. Man and himself, 3. Man and others was broken.
  - How does the greatest commandment reverse this curse?
- Often our healing process is assisted by our willingness to serve others. How does serving others assist with your healing process?
- How will this message help you experience healing this week?